

Embodied Advent

Item List

Week 1: Jar with lid, dirt, seed paper, & water

Week 2: Envelope, stamp, greeting card, & pen

Week 3: Tea light & matches

Week 4: Gluten Free Cookie Mix
Vegan version

Week 5: Colored markers/pencils/crayons, blank pieces of paper, & templates

Week 6: Small Amount of oil

